

Bariatric Surgery Zoom VIRTUAL Support Group Meetings 2023

Registration is required for each meeting



Bariatric Surgery Zoom VIRTUAL Support Group Meetings 2023 continued

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An email will be sent in advance of each support group meeting with registration information.

Questions? Please call: 414-955-1799 option 1 followed by option 2

Monday July 24, 2023 – 6:00 – 7:00pm

Led by: Ryan Schumacher, PT

Topic: Creating a home gym that won't break the bank; alternatives to expensive equipment

Monday August 28, 2023 – 12:00 – 1:00pm

Led by: Alex Buhk, PhD – Bariatric Health Psychologist

Topic: Caring for yourself while caring for others, allowing grace and forgiveness when things don't go as planned

Monday September 25, 2023 - 5:00pm – 6:00pm

Led by: Tammy Kindel, MD, PhD and Rana Higgins, MD – Bariatric Surgeons

Topic: Ask the surgeon

Monday October 23, 2023 – 6:00pm – 7:00pm

Led by: Denise Kilway, APNP and patient

Topic: Open forum discussion

Monday November 20, 2023 – 12:00-1:00pm

****PLEASE NOTE THIS IS THE 3RD MONDAY DUE TO HOLIDAY****

Led by: Amy Kulwicki, RD, CD – Bariatric dietitian

Topic: Surviving the Holidays, open forum

Monday December 18, 2023 – 12:00-1:00pm

****PLEASE NOTE THIS IS THE 3RD MONDAY DUE TO HOLIDAY****

Led by: Courtney Barry, PsyD - Bariatric Health Psychologist

Topic: Putting Yourself in Self Care for 2024